

Weekly Menu

		Sep-14	Sep-15	Sep-16	Sep-17	Sep-18	Sep-19
		MON	TUE	WED	THU	FRI	SAT
L u n c h	Main A ¥500	 Chili Sauce Chicken (Ebi-Chili Style)	 Salmon Mustard Cutlet	 Grilled Mackerel with Aromatic Herbs	 Grilled Chicken with Tomato Sauce	 Honey Mustard Fried Chicken	 Roast Chicken with Green Onion & Salt Sauce
	Main B ¥600	 Marinated White Fish (Nanban-zuke)	 Mexican Chicken	 Chicken Nanban	 Pepper Sautéed Beef & Asparagus	 Salmon Meunière	 Sweet & Sour Soy Meat (Subuta Style)
	À La Carte ¥750	 Soy Meat Mapo Bowl	 Chicken Rice Bowl with Condiments	 Sauce Chicken Cutlet Bowl	 Japanese Style Crab Omelet Bowl (Kanitama)	 Teriyaki Chicken Bowl	
	One-Plate ¥600	 Herb-Roasted Chicken	Teriyaki Egg Hamburg Steak	Yakiniku & Minced Meat Cutlet	 Caiun Fried Chicken	Hamburg Steak & Fried White Fish	
	Noodles ¥550-¥700	 Hot and Sour Soup Noodles (Sanratanmen)	 Plum & Wakame Udon	 Chicken & Mixed Vegetables Ramen	 Wild Vegetable Soba	 Spicy Malatan Noodle Soup	 Kashiwa Chicken Udon
	Curry ¥700	 Chicken Curry					
D i n n e r	Main C ¥500	 Deep-fried Horse Mackerel	 Chicken Tempura	 Kung Pao Chicken (Gong Bao Ji Ding)	 Cheese-Baked White Fish	 Chicken Twice- Cooked Pork Style (Hoi Kou Rou)	 Spicy & Savory Stir-fried Yakiniku Chicken
	One-Plate ¥600	 Herb-Roasted Chicken	Teriyaki Egg Hamburg Steak	Yakiniku & Minced Meat Cutlet	 Caiun Fried Chicken	Hamburg Steak & Fried White Fish	
	Noodles ¥550-¥700	 Kenchin Vegetables Soba	 Salt Butter Corn Ramen	 Kake Udon (¥550)	 Ramen with Starchy Bean Sprout Sauce	 Yamakake Udon (Grated Yam Udon)	 Nagasaki Champon-Style Ramen
	Curry ¥700	 Chicken Curry					

★ Menu items are subject to change depending on ingredient availability. Thank you for your understanding.

・ Main Dish : Main dish only. Soup and rice are not included. ・ À La Carte : Pasta and rice dishes.

・ One-Plate Meal : A great-value meal with several side dishes, rice, and soup all served on one plate.



The menu at our Cafeteria is a Muslim-Friendly Menu. Although we do not have halal certification, it is designed with consideration for Muslim students, ensuring that it does not include pork or any ingredients derived from pork, as well as the exclusion of alcohol.

IUJ Cafeteria

Weekly Menu

		Sep-21	Sep-22	Sep-23	Sep-24	Sep-25	Sep-26
		MON	TUE	WED	THU	FRI	SAT
L u n c h	Main A ¥500	 Grated Radish Chicken Cutlet	 BBQ Chicken	 Salt-Koji Grilled Salmon	 Basil Grilled Chicken	 Pepper Lemon Sautéed Chicken	 Fried Chicken with Sesame Salt Sauce
	Main B ¥600	 Salmon Piccata	 Garlic Oil Baked White Fish	 Hokkaido-Style Fried Chicken (Zangi)	 Fried Shrimp	 Salt-Grilled Pacific Saury	 White Fish with Honey Mustard Sauce
	À La Carte ¥750				 Soy Meat Bibimbap Bowl	 Soy Meat Meat-Sauce Pasta	
	One-Plate ¥600				 Fried Chicken with Bang Bang Sauce	Pork with Salt & Green Onion Sauce	
	Noodles ¥550-¥700	 Spicy Chicken Paitan Ramen	 Soy Meat Zhajiang Udon	 Tonkotsu-Style Ramen	Tonjiru (Pork & Vegetable) Udon	 Miso Butter Corn Ramen	 Mushroom Soba
	Curry ¥700	 Chicken Curry					
D i n n e r	Main C ¥500	 Baked Chicken with Tomato & Cheese	 Fried Chicken with Shiso Dressing	 Chicken Chasseur / Ketchup Chicken	 Sautéed Salmon with Lemon Herb Butter Sauce	 Fried Chicken	 Chicken Steak
	One-Plate ¥600				 Fried Chicken with Bang Bang Sauce	Pork with Salt & Green Onion Sauce	
	Noodles ¥550-¥700	 Beef & Egg Udon	 Tan-men (Vegetable Noodle Soup)	 Shrimp Tempura Soba	 Classic Shoyu Ramen	 Curry Udon	 Canton-Style Seafood & Vegetable Ramen
	Curry ¥700	 Chicken Curry					

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