

Weekly Menu

		Oct-5	Oct-6	Oct-7	Oct-8	Oct-9	Oct-10
		MON	TUE	WED	THU	FRI	SAT
L u n c h	Main A ¥500	 Diavola Chicken	 Garlic Chicken Steak	 Marinated White Fish with Basil Sauce	 Yurinchi (Deep- Fried Chicken with Sweet Soy Sauce)	 Cajun Chicken	 Fried White Fish with Tartar Sauce
	Main B ¥600	 Shkmeruli (Georgian Garlic Chicken)	 Salmon Piccata	 Chicken Parma	 Fried Salmon with Tartar Sauce	 Shrimp Fritters with Aurora Sauce	 Roast Chicken with Fried Egg
	À La Carte ¥750	 Soy Meat Gapao Rice	Pork Fillet Cutlet Bowl (Katsudon)	 Chicken Tempura Bowl (Toriten Don)	 Peperoncino with Soft-Boiled Egg	 Beef Yakiniiku Rice	
	One-Plate ¥600	 Shrimp Cutlet	 Japanese Fried Chicken (Karaage)	 Beef Hamburg Steak & Fried White Fish	 Teriyaki Chicken	 Chicken Minced Cutlet (Menchi- katsu)	
	Noodles ¥550-¥700	 Kitsune Udon with Soft-Boiled Egg	 Sen Lek Nam (Thai Rice Noodle Soup)	 Tanmen (Vegetable Noodle Soup)	 Kashiwa Udon (Chicken Udon)	 Jajamen (Noodles with Meat Sauce)	 Tonkotsu-Style Ramen
	Curry ¥700	 Chicken Curry					
D i n n e r	Main C ¥500	 Grilled Chicken with Tomato Sauce	 Chicken Cutlet with Tartar Sauce	 Tandoori Chicken	Pork Ginger Stir-Fry (Shogayaki)	 Grilled Garlic Marinated Mackerel	 Ketchup Chicken
	One-Plate ¥600	 Shrimp Cutlet	 Japanese Fried Chicken (Karaage)	 Beef Hamburg Steak & Fried White Fish	 Teriyaki Chicken	 Chicken Minced Cutlet (Menchi- katsu)	
	Noodles ¥550-¥700	 Tenshin Men (Crab Omelet Noodles)	Tonjiru Udon (Pork & Vegetable Soup Udon)	 Tanuki Soba (Soba with Tempura Flakes)	 Cantonese Noodles (Kanton Men)	 Kake Udon (Plain Hot Udon) - ¥550	 Shrimp Tempura Soba
	Curry ¥700	 Chicken Curry					

★ Menu items are subject to change depending on ingredient availability. Thank you for your understanding.

• Main Dish : Main dish only. Soup and rice are not included. • À La Carte : Pasta and rice dishes.

• One-Plate Meal : A great-value meal with several side dishes, rice and all served on one plate.



The menu at our Cafeteria is a Muslim-Friendly Menu. Although we do not have halal certification, it is designed with consideration for Muslim students, ensuring that it does not include pork or any ingredients derived from pork, as well as the exclusion of alcohol.

IUJ Cafeteria

Weekly Menu

		Oct-12	Oct-13	Oct-14	Oct-15	Oct-16	Oct-17
		MON	TUE	WED	THU	FRI	SAT
L u n c h	Main A ¥500	 Chicken Breast and Cheese Cutlet	 Mackerel Simmered in Miso	 Soy Meat Mapo	 Laziji	 Stir Fried Beef and Vegetable	 Zangi
	Main B ¥600	 Shaved Pork with Green Noodles Fry	 Chicken Nanban	 Fish Fritter with Avocado Sauce	 Breaded Deep Fried Japanese Horse Mackerel	 Pork Cutlet	 Deep Fried Fish
	À La Carte ¥750	 Beef Yakiniku Rice	Paigu Rice Bowl	 Stir-fry Pork Belly and Fried Egg on Rice in a Bowl	 Beef Bowl	 Spaghetti Alle Vongole in Rosso	
	One-Plate ¥600	 Salt Grilled Salmon with Croquette	 Sweet and Spicy Simmered Soy Meat with Spring Roll and Omelette	 Minced Meat Cutlet and Macaroni Salad	 Teriyaki Chicken & Mushroom Tempura	 Deep Fried Tofu & Aubergine Stie Fried with Miso	
	Noodles ¥550-¥700	 Ramen with Bean Sprouts and Thick	 Khao Soi	 Beef Sukiyaki Udon	 Stir Fried Noodles in Soup	 Soba with Chicken and Nameko	 Simple Ramen
	Curry ¥700	 Chicken Curry					
D i n n e r	Main C ¥500	 Chicken Cutlet	 Roast Chicken	Simmered Pork and Tofu	 Minced Shrimp Cutlet	 Deep Fried chicken with Sweet and Chilli	 Marinated Chicken
	One-Plate ¥600	 Salt Grilled Salmon with Croquette	 Sweet and Spicy Simmered Soy Meat with Spring Roll and Omelette	 Minced Meat Cutlet and Macaroni Salad	 Teriyaki Chicken & Mushroom Tempura	 Deep Fried Tofu & Aubergine Stir Fried with Miso	
	Noodles ¥550-¥700	 Udon with Batter Fried Chicken	 beef Yakiniku Ramen	 Spaghetti Napolitana	 kitsune Soba	 Stir Fried Pork Belly and Mushroom with Thick Sauce	 Wakame Seaweed Soba
	Curry ¥700	 Chicken Curry					

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